

Prayer to St. Francis for Fidelity to the Rule

**Holy father, loving and most beloved St. Francis,
I beseech you by the holy wounds of our Lord Jesus Christ,
which were imprinted on your body,
assist me to govern the five senses of my body according to the will
and pleasure of almighty God.**

**Intercede for me, so that I may be most faithful in the observance of
your Rule of Penance.**

**Obtain for me contrition and devotion, faith, hope, and charity,
patience, and purity of body and soul, together with the grace of
persevering in the service of our Lord; so that after this life I may
merit to come to you, and with you to enjoy eternal happiness, which
I hope through your intercession to obtain from Christ our Lord.
Amen**

from the Secular Franciscan Companion